



Hi everyone,

I'm Marlon Harewood, former professional footballer for the likes of West Ham, Nottingham Forest, Aston Villa and Newcastle. Like a lot of the nation, I've been recovering from the Euros... what a tournament. Despite the many opinions, I think the England lads did an amazing job and I was sad to hear of the news that Gareth Southgate would be retiring from his role as manager. He was one of the best that our country has had but I guess I'm going on a bit of a tangent here so let's get into the article. Since retiring from football, I've gone on to set up my own business, MH10 Global.

Retiring from football was something that I had never really thought about until it was too late. In the back of your mind, you know it's going to happen at some point, but you'll be surprised how many people don't plan life after the game. When my time in the game was over and I started finding my feet in this new, crazy journey, I knew at some



point I'd want to help others who found themselves in the position that I was, so I guess that's largely where the motivation for the business came from.

You're probably wondering what MH10 Global is, so let me break it down for you all.

The business is essentially broken down into two areas, Luxury + Bespoke Cars and Concierge + Lifestyle.

When it comes to the Luxury and Bespoke Cars pillar of the business, we are dedicated to offering our clients the very best in luxury through our bespoke car brokerage service. The Concierge and Lifestyle pillar then looks at how we can provide unparalleled concierge, travel and lifestyle management services to our clients.

The business is really growing I'm excited for what's in store for us in the years to come. I never thought I would find something that I would be as passionate about as I was football but I'm really loving this journey that I'm on and can't wait to be sharing more about it with everyone.

While running a business isn't easy, I've honestly loved every step of it and funnily enough, I've been able to implement a lot of what I learnt as a sportsperson. From working as a team to celebrating the wins whilst learning from the losses, everything that I learnt from football has helped me grow MH10.

Putting running my own company to one side, another thing I've been working on is my brand-new podcast, Boots to Business, where I've been interviewing sports personalities turned entrepreneurs. If you'd have told me 5 years ago that I'd go onto become the host of my own podcast, I would probably have laughed but I think it's important to remind young sports personalities that there is a life that exists outside of the game, and it can be just as rewarding.

So far, I've had the pleasure of interviewing the likes of Anton Ferdinand, Danny Simpson, Matt Jarvis, Wes Morgan and Dan Grieve. They've all had such unique stories to share, some of which I witnessed first-hand, having played alongside them but I'm honoured to be able to share these with my

audience. I've got some huge guests lined up for the upcoming episodes and so it's an exciting time for me.



Above all that comes my favourite role, being a dad to 4 amazing children and a family I couldn't be prouder of. It hasn't been easy balancing work/life over the years but it's something I've got better at and despite how it feels, it is possible. Stick to routine, be present, work hard and the rest is history.

Over the last 6 months, I've been using my platforms to open up a bit more which I've been loving. For so long, I was seen as just Marlon the footballer but now people see me as Marlon, the family man or Marlon, the business owner.

I hope this has set the scene as to what you can expect from me over the upcoming months. I can't wait to start sharing more insights into all things business, football, West Ham and family life with you all.

For now, thanks for reading. Marlon

Marlon Harewood Founder and Director MH10 Global LTD

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